



Training Course Information Form

Course Information

Course Name: Personal Safety and Social Responsibilities
Institute/Centre: Port Training Institute **Course Code:** STBSP07
Type: ☒ Program ☐ Course ☐ Workshop
Course Duration: ☐ 5 Days ☒ 3 Days ☐ 1 Days ☐ Other
Course Conducted: ☒ Local ☐ International **Indicate: A.R.E**
Course Venue: Anywhere
Course Language: ☐ English ☐ Arabic ☒ Both ☐ Other

Course Description

Course Outlines

1. Knowledge Understanding and Proficiency
2. Types of Emergency Which May Occur Such as Collision Fire And Foundering
3. Knowledge Of Shipboard Contingency Plans For Response To Emergencies
4. Emergency Signals And Specific Duties Allocated To Crew Members In The Muster List; Muster Station; Correct Use Of Personal Safety Equipment
5. Action To Taken On Discovering Potential Emergency, Including Fire, Collision, Foundering And Ingress Of Water Into The Ship
6. Action To Take On Hearing Emergency Alarm Signals
7. Value Of Training and Drills
8. Knowledge of Escape Routes and Internal Communication and Alarm Systems
9. Basic Knowledge Of The Impact Of Shipping On The Marine Environment And The Effects Of Operational Or Accidental Pollution On It
10. Basic Environmental Protection Procedures
11. Basic Knowledge of Complexity and Diversity of The Marine Environment
12. Importance Of Adhering To Safe Working Practices At All Times
13. Safety And Protective Devices Available To Protect Against Potential Hazards Aboard Ship
14. Precautions To Be Taken Prior To Entering Enclosed Spaces
15. Familiarization With International Measures Concerning Accident Prevention And Occupational Health
16. Understand The Principles Of And Barriers To Effective Communication Between Individuals And Teams Within The Ship
17. Ability To Establish And Maintain Effective Communications
18. Importance Of Maintaining Good Human And Working Relationships Aboard Ship
19. Basic Team Working Principles And Practice, Including Conflict Resolution
20. Social Responsibilities, Employment Conditions, Individual Rights And Obligations, Dangers Of Drug And Alcohol Abuse
21. Importance Of Obtaining The Necessary Rest
22. Effects Of Sleep, Schedules And The Circadian Rhythm On Fatigue
23. Effects Of Physical Stressors On Seafarers
24. Effects Of Environmental Stressors In And Outside The Ship And Their Impact On Seafarers
25. Effects of Schedule Changes On Seafarers Fatigue

Course Objectives:

- This course aims to provide the training for candidates in fire prevention and fire fighting in accordance with section A- VI /1-4 of the STCW Code, as amended. Model course 1.21.

Course Includes: ☒ Theoretical ☐ Fire Training Module ☐ Laboratory
 ☐ Workshop ☐ Site Visit

Course Prerequisites: Holding a Maritime Passport

Who Should Attend: Employed on Board the Commercial Ship or Vessels

No. of Participants/Course: ☐ 5-10 ☐ 10-15 ☐ 15-20 ☒ Other

Qualifications of Participants:

- Fluent in Reading and Writing

No. of Lecturer: ☒ 1 ☐ 2 ☐ 5

No. of Assistance: ☐ 1 ☐ 2 ☐ 3

Course Facilities				
<input checked="" type="checkbox"/> White Board	<input checked="" type="checkbox"/> V. Projector	<input checked="" type="checkbox"/> Data Show	<input checked="" type="checkbox"/> PC	<input type="checkbox"/> Manual
<input type="checkbox"/> Books	<input checked="" type="checkbox"/> Handouts	<input type="checkbox"/> Flip Charts	<input type="checkbox"/> S/W	<input type="checkbox"/> Other

Course Evaluation			
<input type="checkbox"/> Written Examination	<input type="checkbox"/> Written Report(s)	<input type="checkbox"/> Oral Presentation	<input checked="" type="checkbox"/> Attendance
<input type="checkbox"/> Delegates Participation			

Certificate Issue:

☐ Local Premises ☒ AASTMT ☐ International

Course Registration
<input checked="" type="checkbox"/> Admission and Registration
Department at the Port
Registration: Training Institute <input type="checkbox"/> Online <input type="checkbox"/> Other
Beside gate No. 27 - Outside
Customs area, Alexandria Port
Documents Required: <input checked="" type="checkbox"/> Registration form <input checked="" type="checkbox"/> ID/Passport Copy <input checked="" type="checkbox"/> Photo