

Abstract

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The Need to Incorporate Training in Fatigue Management Into the Provisions of STCW Convention

Fatigue became a serious concern for the shipping industry in the recent years. Accidents investigations reveal that fatigue was the reason of many of the maritime casualties. Eliminating the risk of fatigue requires the setting of fatigue management system onboard ships, and establishing and incorporating fatigue management training into the current maritime education and training (MET) systems. The present paper discusses the risk of fatigue and its consequences on the shipping industry, the paper also points out the fatigue risk factors and recommends measures on how to overcome the consequences of fatigue.